



Round 3: Coogee

Saturday, 22nd November 2025

Event Details:

Event	OWS Round 3: Coogee
Date:	Saturday 22 nd November 2025
Location:	Coogee Beach – 20 Poore Grove, Coogee WA 6166
Registration Time:	6:30am – 7:30am (closes 7:15am for 500m)
Event Start Time:	7:30am (500m Race)
Contact:	E: ows@wa.swimming.org.au P: (08) 9328 4599

Entry Details:

Distance	Early Bird Price	Standard Price	Late Entry Price
500m	\$26	\$32	\$38.50
1.25km	\$51	\$62	\$76
2.5km	\$57	\$68	\$82.50
5km	\$63	\$74	\$87
7.5km	\$68	\$79	\$93.50
10km	\$73	\$84	\$98

*Note: A day license is required for all non-members in addition to entry prices above (\$5 for 500m and \$25 for all other distances)

Entry Details:

When you arrive at the event, please follow these steps:

1. Go to the registration tent and provide your name and distance to the SWA club volunteers
2. Collect your timing chip, tattoos and swim cap (please ensure you receive the correct swim cap colour for your event – please see below table)
3. Apply your tattoos to your **LEFT SHOULDER** and **RIGHT UPPER ARM** before applying sunscreen (sponges and water are available at the tattoo station to apply tattoos correctly)
4. Attach your timing chip to your **WRIST** (please **DO NOT** attach this to your ankle)
5. Proceed to the Entry Chute (near the finish archway) for your race briefing at the allocated time

Distance	Cap Colour	Briefing Time	Wave Time
500m	Purple	7:20am	7:30am
1.25km	Silver	7:50am	8:03am
2.5km	Green	7:50am	8:12am
5km	Pink	7:50am	8:09am
7.5km	Purple	7:50am	8:06am
10km (General Public)	Red	7:50am	8:06am
10km (State Championships)	Gold	7:50am	8:00am

*Note: Times are subject to change based on swimmer numbers and environmental conditions.

Safety Information:

- If you require assistance during the swim, stop swimming and raise one arm above your head – Coogee Beach SLSC water safety team will assist immediately.
- If the race is abandoned, you will hear a siren and/or long whistle blasts – please return to shore immediately and proceed to the finish archway to be accounted for (**DO NOT** leave until instructed to by SWA Technical Officials).
- Medical support and First Aid are available on-site throughout the event.
- Wetsuits are only required the water temperature is below 18°C. An update on water temperature will be provided on the morning of the event prior to the commencement of the races.
- Please remove all jewellery, watched and GPS devices before entering the water
- Do not bring valuables. Swimming WA does not take responsibility for lost items.
- Always follow the instructions of Swimming WA Staff, Technical Officials, and Water Safety teams.

Course Map:



**Note: Courses are subject to change based on swimmer numbers and environmental conditions.*

Event FAQs:

Pre-Event:

- What time does registration open?
 - Registration opens at 6:30am at the registration tents on the beach.
 - Registration closes at **7:15am for 500m swimmers** and **7:30am for all other swimmers**
 - Late arrivals will be denied access to participate in the event for water safety reasons.

- How do I change my distance
 - Participants wishing to change their nominated race distance should follow below steps.
 1. [Click Here](#) to visit My Race Result participant's page.
 2. Use the search bar to locate your entry
 3. Click on the e-mail icon to the right of screen
 4. Re-send confirmation e-mail to your preferred e-mail address
 5. The confirmation e-mail will provide an option to adjust your nominated distance

- Where can I park?
 - See below parking options near Leighton Beach



**Note: Parking limits apply in some areas. Please follow all council parking laws and regulations.*

- How do I apply my tattoos?
 - No need to wait in line, you can apply the tattoo yourself:
 1. Separate tattoos
 2. Remove plastic coating
 3. Apply to **LEFT SHOULDER** and **RIGHT UPPER ARM** with the logo at the top
 4. Apply water for 1min (wet cloth is best) or until soaked through
 5. Slowly remove paper

**Note: Make sure to apply the race tattoo before your sunscreen.*

During the Event:

- Where do I wear the timing chip?
 - Timing chips should be worn on the **WRIST** (please DO NOT wear on your ankle)
- What do I do if I need help during the race
 - Stop swimming, raise your arm above your head and wait for assistance.
- Where do I store my belongings?
 - Please keep these in a safe place. Swimming WA does not take responsibility for lost items.

Post-Event:

- Will results be available?
 - Yes, results aim to be published online via RaceResult within 24 hours of the event conclusion.
- How do I sign up for another swim?
 - To register for another swim in the OWS Series, please follow the below steps:
 1. [Click Here](#) to visit My Race Result participant's page.
 2. Use the search bar to locate your entry
 3. Click on the e-mail icon to the right of screen
 4. Re-send confirmation e-mail to your preferred e-mail address
 5. The confirmation e-mail will provide an option to register for additional events
- Will medals be awarded?
 - Yes, presentations will begin as the results for the category are confirmed. Medals are awarded in the following categories for male and females respectively:
 - Under 14
 - Under 18
 - Open (18 – 34 years)
 - Legend (35 – 49 years)
 - Super Legend (50 years and over)

Contact Us:

For further information, to provide feedback, or ask any other questions please email ows@wa.swimming.org.au or call our office on (08) 9328 4599