



Media Release - II January 2019

Come and Try Open Water Swimming at Shorehaven Beach, Alkimos with Swimming WA and Peet

In the lead up to Swimming WA's Open Water Swimming Series Round at Shorehaven Beach on Sunday 3 February, Swimming WA and Peet are providing free Come and Try open water swim clinics.

Renowned open water swimming coach Ralph McManis from Newman Churchlands Swimming Club will be at the beach offering coaching tips and tricks specific for open water swimming.

These free clinics held at Shorehaven Beach are open to the public, and will be conducted between 9–10am on the following dates: 13th Jan – <u>https://www.registernow.com.au/secure/Register.aspx?E=33304</u>

20th Jan – <u>https://www.registernow.com.au/secure/Register.aspx?E=33305</u>

27th Jan – <u>https://www.registernow.com.au/secure/Register.aspx?E=33306</u>

Registrations are via Register Now, and open to anyone over 10 years of age.

David Johnson, General Manager Commercial Operations Swimming WA said 'these Clinics are a great opportunity for swimmers who are new to open water swimming, as well as experienced swimmers who want some additional help in the lead up to the Shorehaven Round on 3 February. The water at Shorehaven is ideal for open water swimming, and we encourage everyone to make of the most of Ralph McManis's expertise'.

Brendan Gore, Managing Director and CEO of Peet Limited said they are very pleased to support Swimming WA. 'Western Australia has some of the best beaches in the world and the opportunity to learn how to enjoy them safely offered by Swimming WA through its Come and Try clinics is really valuable.

'We're looking forward to welcoming the competitors, the community and visitors to Shorehaven Beach to see some of the State's best open water swimmers in action on 3 February."

Round 9 of the Swimming WA Open Water Swim Series at Shorehaven is expected to attract more than 300 swimmers competing in a variety of distances: 500m, 1.25km, 2.5km and 5km.

Since the Series kicked off at Leighton Beach on 3 November 2018, there has been a record number of open water swimmers taking part. After Shorehaven, only three more Rounds remain at Bunbury, Cottesloe and Scarborough.

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This is the fourth time the Open Water Swim Series has been at Shorehaven in the 11 year history of the Series.

Additional information and event registration is via <u>openwaterswimming.com.au</u>.

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