

Media Release: 1 November 2018

2018-19 Open Water Swimming Series Launches This Weekend

The 2018-19 Open Water Swimming (OWS) Series, was launched last night at Beatty Park Leisure Centre with the first event in the 12 Round Series taking place on Leighton Beach this Saturday 3 November 2018.

OWS Series Members, Sponsors and Partners of Swimming WA were treated to an evening of information, which included a very special presentation from West Australian Open Water Swimming Living Legend, Shelley Taylor-Smith.

Also announced last night was the 2018-19 OWS Series Ambassador, West Australian Open Water Swimming Champion Simon Huitenga who also spoke of his journey so far and aspirations of Olympic glory in Tokyo 2020. Simon hopes to use a few of the OWS Series Rounds as training sessions to aid his preparation.

Rules and Regulations were presented by leading international Technical Official Kate Reynolds, and coaching and training tips provided by Ralph McManis. Arbonne representatives Sharon Gleeson and Deb Harley presented on nutrition and supplement advice before Vorgee outlined the benefits of having the correct swim equipment.

Swimming WA's Chief Executive Officer Darren Beazley said "After the success of our 10-year anniversary season last year, our team cannot wait to get started on the new Series. There is new merchandise, exciting new sponsors and supporters as well as new OWS Ambassador - Simon Huitenga- WA's number 1 ranked open water swimmer from Perth City Swimming Club. We will be sharing Simon's experience and tips for open water swimming throughout the season.

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The 12 Round Series features distances and venues to meet any swimmers needs, and we encourage everyone to give open water swimming a go this summer, and take advantage of our early bird specials and season membership discounts on offer."



Simon Huitenga and David Palm

For additional information and to register please visit:

<http://www.openwaterswimming.com.au>

#comeswimwithus

Ends.....

For further information please contact:

Ron Woodbine

Swimming WA

0451 197 311

ron.woodbine@wa.swimming.org.au

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